

**Suggested Reading:**

Goleman, D. (1995). *Emotional Intelligence*. Bantam Books.

Goleman, D. (2001). *The Emotionally Intelligent Workplace*. Jossey Bass.

Goleman, D. (1997). *Healing Emotions: Conversations with the Dalai Lama on Mindfulness, Emotions, and Health*. Shambhala, Boston.

Konopaske et al (2017). *Organizational Behavior and Management*. McGraw-Hill Education.

Walton, D. (2012). *Emotional Intelligence: A practical guide*. MJF Books, New York.

Mayer, J.D. (2009). <https://www.psychologytoday.com/us/blog/the-personality-analyst/200909/what-emotional-intelligence-is-and-is-not>.