Storytelling for Impact

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Why do stories matter?



Stories make us human

- Create a connection
- Engage listeners
- Build credibility
- Spur action



HOW STORYTELLING AFFECTS THE BRAIN

NEURAL COUPLING

A story activates parts in the brain that allows the listener oto turn the story in to their own ideas and experience thanks to a process called neural coupling.

MIRRORING

Listeners will not only experience the similar brain activity to each other, but also to the speaker.



DOPAMINE

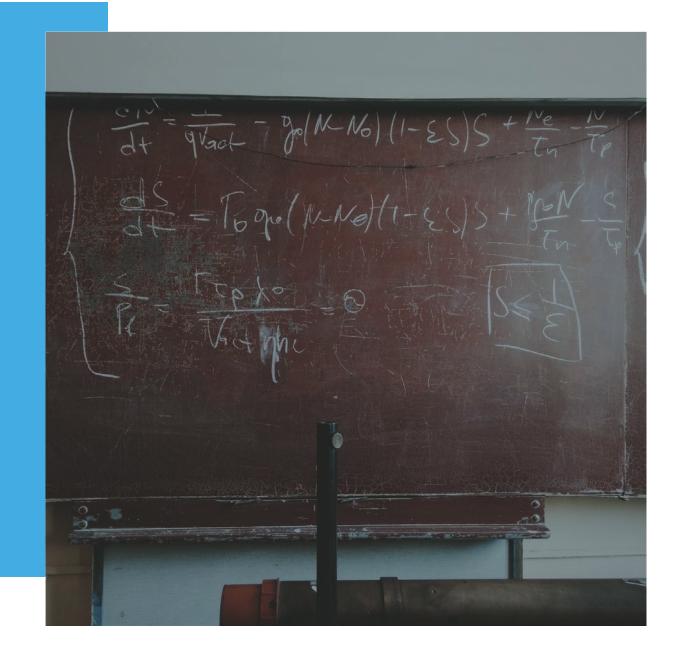
The brain releases dopamine into the system when it experiences an emotionally-charged event, making it easier to remember and with greater accuracy.

CORTEX ACTIVITY

When processing facts, two areas of the brain are activated (Broca's and Wernicke's area). A well-told story can engage many additional areas, including the motor cortex, sensory cortex and frontal cortex.



Aziz Abu Sarah TED Talk How does this story make you feel? How does it affect your understanding of his idea?



Great stories:



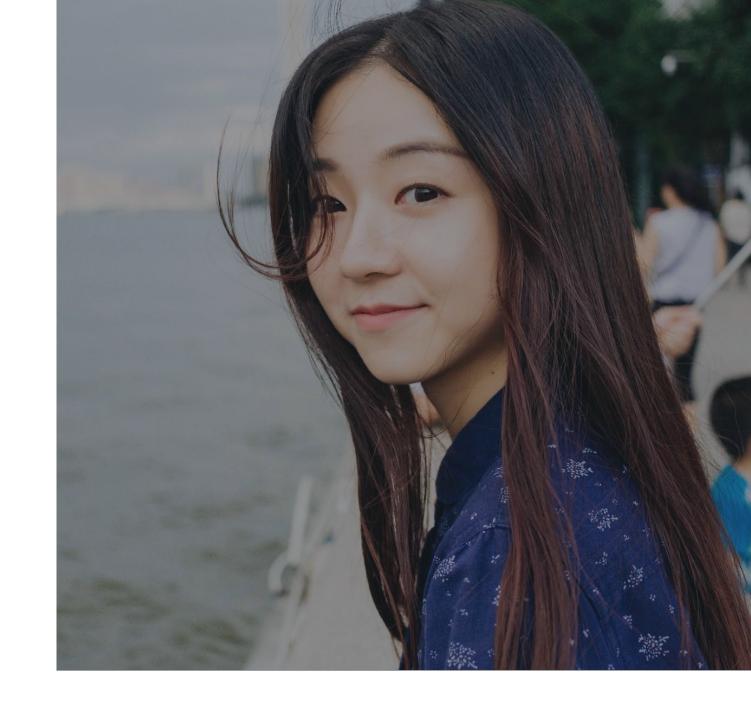
Think about audiences first



Grab attention



Have a structure and stakes





Melissa Marshall TED Talk

Discussion

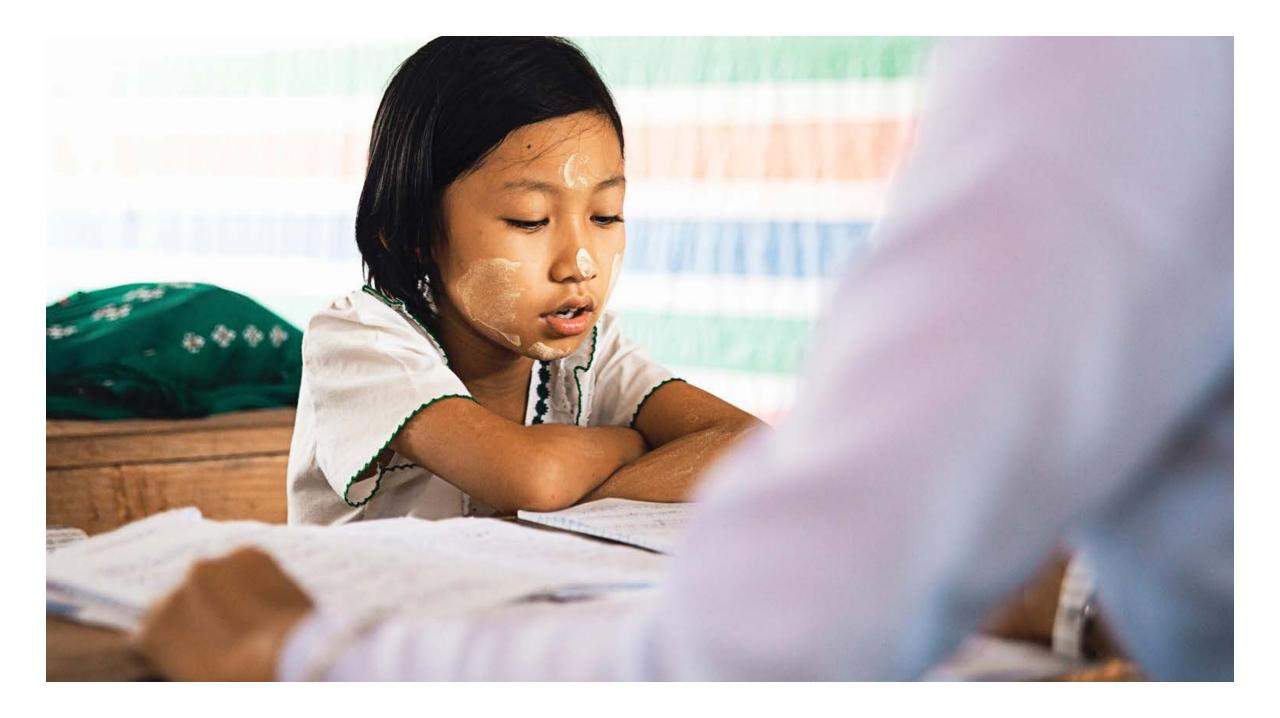
How can her ideas about communicating for science be applied to other fields?





Sisonke Msimang TED Talk























- TED Talks
- The Moth
- StoryCorps
- StoryCenter
- Story District





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